

# Hybrid Composite of Biomass-Derived Activated Carbon and Mg/Al Hydrotalcite for Caffeine Adsorption from Aqueous Solutions

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## ABSTRACT

This study investigated the adsorption performance of activated carbon (AC) derived from jengkol (*Pithecellobium jiringa*) peel and its composites with Mg/Al hydrotalcite (HT) for caffeine removal from aqueous solutions. The adsorbents were characterized using FTIR, XRD, and SEM-EDX, confirming the presence of –OH groups, M–O–M bonding, and layered porous morphology. Batch adsorption experiments evaluated the effects of contact time, pH, and initial concentration. AC showed the highest removal efficiency (96.44% at 3 ppm), while ACHT 12 demonstrated stable performance at moderate concentrations and fit well to the Langmuir isotherm ( $R^2 = 0.9609$ ) and pseudo-second-order kinetics ( $R^2 = 0.9912$ ). ACHT 21 followed the Freundlich model ( $R^2 = 0.7758$ ), indicating heterogeneous multilayer adsorption. Optimal adsorption occurred in acidic conditions (pH 3–5), which reflects the characteristics of pharmaceutical wastewater. The results confirm the potential of jengkol-based adsorbents as low-cost, sustainable alternatives for caffeine-contaminated water treatment.

**Keywords:** adsorption, caffeine, isotherm, jengkol peel, kinetics.

## 1. INTRODUCTION

The increasing presence of caffeine in Indonesian wastewater, with concentrations reported up to 12  $\mu\text{g/L}$  from household and hospital sources, underscores its status as an emerging contaminant of ecological and public health concern. Entry into wastewater primarily occurs through human excretion, with about 10% of ingested caffeine eliminated in urine and feces [1,2], while additional inputs arise from the widespread consumption of coffee, tea, energy drinks, and pharmaceutical products [3,4], as well as from hospital use, particularly in neonatal and pediatric care for treating apnea of prematurity [5,6]. The persistence of caffeine even after conventional treatment [6,7] highlights inefficiencies in removal processes, raising concerns about its ecological impacts, including disruption of microbial communities, altered behavior of aquatic organisms, and trophic-level imbalances [8,9]. Moreover, its stability in the environment, with a half-life of 100–240

days [10,11], suggests potential accumulation and long-term risks to aquatic ecosystems. From a public health perspective, the detection of caffeine in drinking water sources reliant on surface waters contaminated by wastewater discharges [12,13] raises further concerns, as caffeine often co-occurs with Pharmaceuticals and Personal Care Products (PPCPs), indicating broader pollution loads [11]. Consequently, the rising concentrations of caffeine in Indonesian wastewater not only reflect societal patterns of consumption and disposal but also emphasize the urgent need for improved monitoring, regulatory measures, and advanced treatment technologies to mitigate its ecological and public health impacts.

The persistence of caffeine in aquatic environments, mainly due to its resistance to conventional wastewater treatment, combined with its ecotoxicological effects and frequent coexistence with antibiotics and Antibiotic Resistance Genes (ARGs),

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presents a complex public health concern. Although often labelled a “labile” contaminant, caffeine has been reported in concentrations up to 240 µg/L in untreated wastewater and persists in aquatic systems because removal efficiencies of traditional treatments, such as sedimentation or biological filtration, are often limited to 20–30% [12,14]. Its high solubility and low volatility contribute to its environmental stability, enabling accumulation not only in water bodies but also in sediments [15]. Ecotoxicological evidence shows that exposure to caffeine can disrupt metabolic processes, impair growth and reproductive success, and increase oxidative stress in aquatic organisms, ultimately leading to population declines, altered community structures, and reduced ecosystem resilience [16–18]. These physiological disruptions weaken aquatic organisms' defenses, elevating susceptibility to disease and mortality. More critically, caffeine often coexists with antibiotics in wastewater, facilitating localized toxicity while also creating conditions conducive to horizontal transfer of ARGs among microbial communities, thereby promoting antimicrobial resistance [12,19–21]. This interconnectedness between environmental contamination and human health highlights how the persistence of caffeine and its synergistic interactions with other pollutants reinforce the cycle of ecological disruption and antibiotic resistance, emphasizing the urgent need for advanced wastewater treatment innovations and robust monitoring strategies to mitigate the environmental and public health risks posed by emerging contaminants.

In response to this problem, adsorption has emerged as a simple, cost-effective, and scalable technique for removing organic micropollutants from wastewater. The comparative effectiveness of Activated Carbon (AC) and Mg/Al Hydrotalcite (HT) for removing polar organic micropollutants such as caffeine depends on their adsorption mechanisms, efficiency, surface area, and mechanical stability. Activated carbon, with

its extensive surface area (300–1000 m<sup>2</sup>/g) and porous structure, achieves high adsorption efficiencies through predominantly physisorption with possible chemisorption depending on contaminant characteristics and operational conditions such as pH and temperature [22–25]. In contrast, HT adsorb pollutants primarily via anion-exchange mechanisms and complexation, showing effectiveness against contaminants like nitrophenols but with limitations linked to their relatively low surface area and weaker mechanical stability in aqueous environments [26,27]. While AC exhibits strong structural integrity, enabling repeated use in fixed bed systems, HT are prone to structural collapse or leaching under ion exchange or dissolution conditions, which restricts their large-scale applicability [25,26]. Although both materials can remove caffeine and other polar micropollutants, activated carbon generally outperforms hydrotalcites in terms of adsorption capacity, efficiency, and durability, making it more practical for wastewater treatment unless economic or site-specific factors justify alternative use.

Hybrid adsorbents combining biomass-derived AC with HT represent a sustainable and low-cost solution for wastewater treatment, particularly in decentralized systems such as those in Indonesia. AC provides high surface area and porosity for effective adsorption of polar organic micropollutants, while HT contributes ion exchange capacity and structural stability, creating a synergistic mechanism that enhances removal efficiency, often exceeding 90% [28,29]. Using agricultural residues as AC precursors not only reduces costs but also supports circular economy principles by repurposing waste [30]. In this context, the utilization of locally available biomass such as jengkol (*Pithecellobium jiringa*) peel offers a distinctive environmental advantage. It transforms abundant agricultural waste into a value-added material, minimizing solid waste accumulation and reducing the carbon footprint associated with conventional

adsorbent production. This dual-action approach improves resilience under variable pH and temperature, making hybrid adsorbents practical for rural and community-based wastewater systems lacking centralized infrastructure [31]. Furthermore, employing indigenous biomass sources aligns with national sustainability goals and empowers local communities through resource valorization and environmentally conscious innovation. The objective of this study is to synthesize and characterize a hybrid adsorbent material using FTIR, XRD, SEM-EDX, and SAA techniques, and to evaluate its performance in removing caffeine from aqueous media under various conditions. The outcomes are expected to provide insights into the development of efficient adsorbents based on local resources, contributing to national goals in water quality improvement and pollution reduction in accordance with Sustainable Development Goals (SDG 6.3).

## 2. RESEARCH METHODS

This study was conducted through five main stages: (1) preparation of activated carbon from jengkol peel biomass, (2) synthesis of Mg/Al Hydrotalcite (HT), (3) fabrication of the composite material, (4) characterization, and (5) adsorption testing of caffeine from aqueous solutions.

### 2.1. Preparation of Activated Carbon

Jengkol peels were collected, washed thoroughly with distilled water, and dried in the sunlight for 48 hours. The dried biomass was carbonized in a furnace at 450°C for 40 minutes. The resulting charcoal was soaked in a 15%  $H_3PO_4$  solution for 24 hours to activate the surface, then rinsed with distilled water until a neutral pH was reached. The sample was dried at 105°C for 3 hours and ground into powder.

### 2.2. Synthesis of Mg/Al Hydrotalcite

The HT was synthesized using the coprecipitation method. A solution of  $Mg(NO_3)_2 \cdot 6H_2O$  (0.5 M) and  $Al(NO_3)_3 \cdot 9H_2O$  (0.25 M) was mixed in a

molar ratio of 2:1. While stirring continuously under a nitrogen atmosphere, 1 M NaOH was added dropwise to maintain the pH at  $10 \pm 0.5$ . The resulting slurry was aged for 24 hours, filtered, washed with distilled water, and dried at 70°C.

### 2.3. Composite Formation and Characterization

AC and HT were mixed in different mass ratios (1:1 (ACHT 11), 1:2 (ACHT 12, and 2:1 (ACHT 21)) and stirred in 100 mL of deionized water for 24 hours at room temperature. The mixture was filtered, dried at 105°C for 6 hours, and sieved to obtain a homogeneous composite powder. The samples were characterized using Fourier Transform Infrared Spectroscopy (FTIR), X-Ray Diffraction (XRD), Scanning Electron Microscopy with Energy Dispersive X-ray (SEM-EDX), and Surface Area Analyzer (SAA) to examine functional groups, crystalline structure, elemental composition, and surface morphology.

### 2.4. Adsorption Test

Adsorption experiments were conducted to evaluate the caffeine removal efficiency of the synthesized composites. A stock solution of caffeine was prepared by dissolving analytical grade caffeine powder in distilled water. All batch adsorption tests were carried out using 50 mg of adsorbent and 10 mL of caffeine solution under controlled agitation at room temperature.

Kinetic studies were performed by varying the contact time between 1 and 50 minutes while maintaining a fixed initial caffeine concentration. Samples were withdrawn at regular intervals, filtered, and analyzed using a UV-Vis spectrophotometer at 273 nm. The kinetic data were fitted to pseudo-first-order and pseudo-second-order models to determine the adsorption mechanism.

Isotherm studies were carried out by varying the initial concentration of caffeine from 1 to 13 ppm with a fixed adsorbent dosage. The equilibrium data were fitted to the Langmuir and the Freundlich isotherm models to assess

the adsorption capacity and surface characteristics.

The effect of pH on caffeine adsorption was investigated by adjusting the solution pH to 3, 5, 7, 9, and 11 using 0.1 M HNO<sub>3</sub> or 0.1 M NaOH. The optimal pH for maximum adsorption efficiency was determined by comparing the removal percentages across different pH values.

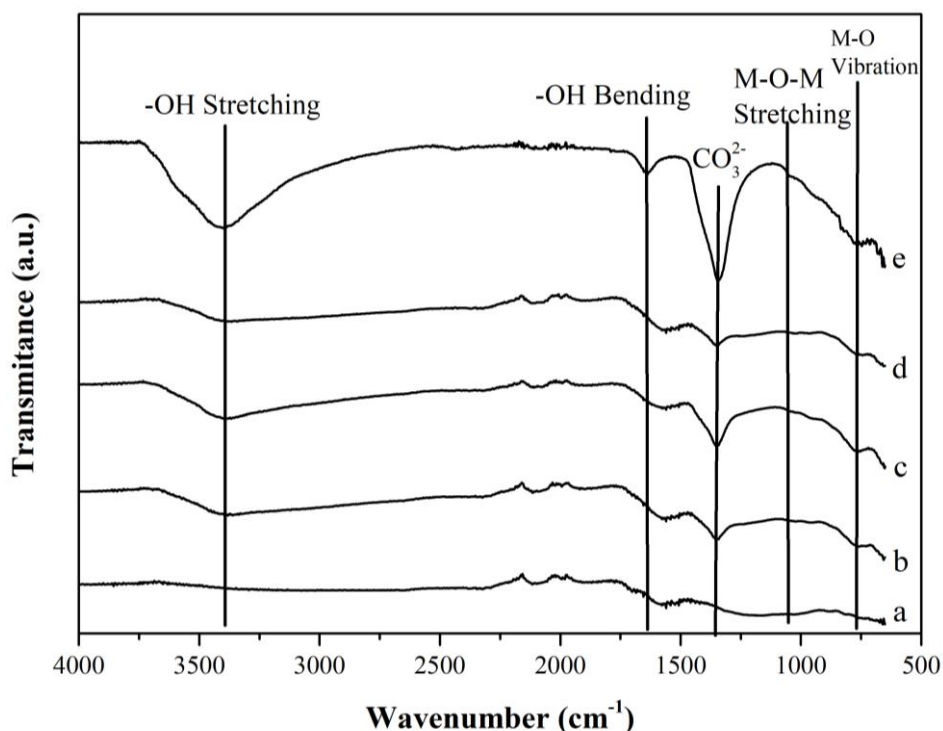
### 3. RESULTS AND DISCUSSION

#### 3.1. Characterization of Adsorbent Materials

Characterization was carried out to confirm the successful synthesis and modification of adsorbent materials based on activated carbon derived from jengkol peel, composited with HT. The analytical techniques employed included FTIR to identify functional groups, XRD to assess crystallinity, SEM-EDX to observe surface morphology and elemental distribution, and SAA to determine surface area and pore distribution. These methods were used in combination to evaluate the physicochemical properties and structural integrity of the

materials for environmental adsorption applications.

FTIR spectroscopy plays a crucial role in identifying functional groups and monitoring structural transformations in biomass-derived activated carbon, with key peaks reflecting the evolution of organic functionalities during carbonization (Figure 1). A broad absorption band around  $\sim 3444$   $\text{cm}^{-1}$  corresponds to O-H stretching vibrations, confirming the presence of hydroxyl groups that may originate from residual moisture or activation agents, which enhance adsorption by improving interactions with polar molecules in aqueous systems [32]. Another notable feature is the peak near  $\sim 1620$   $\text{cm}^{-1}$ , attributed to aromatic C=C stretching, indicating the formation of aromatic domains and  $sp^2$  hybridized carbon structures during pyrolysis, which contribute to stability and adsorption capacity. Additionally, the disappearance of bands in the  $1800$ – $1500$   $\text{cm}^{-1}$  region signifies the decomposition of unstable organic groups and the removal of volatile compounds, leading to the enrichment of the carbon matrix with more stable configurations [33].



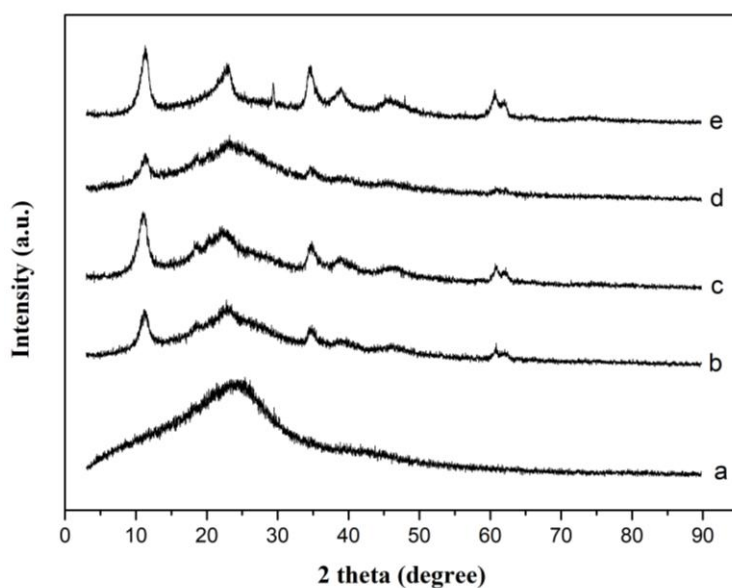
**Figure 1.** FTIR spectra of (a) activated carbon from jengkol peel (AC), (b) composite ACHT 11, (c) ACHT 12, (d) ACHT 21, and (e) HT.

FTIR spectroscopy provides crucial insights into the structural integrity and functional characteristics of ACHT composites, particularly through the identification of key absorption bands such as carbonate ( $\sim 1345\text{ cm}^{-1}$ ), metal–oxygen ( $\sim 760\text{ cm}^{-1}$ ), and aromatic C=C ( $\sim 1620\text{ cm}^{-1}$ ). The persistence of the carbonate band demonstrates that hydrotalcite structures remain intact within the composite, with carbonate ions stabilizing the  $\text{Mg}^{2+}/\text{Al}^{3+}$  brucite-like layers and supporting ion-exchange and redox activity essential for contaminant removal [34]. Similarly, the retention of metal–oxygen (M–O) vibrations at  $\sim 760\text{ cm}^{-1}$  confirms the presence of metal hydroxide groups typical of layered double hydroxides, ensuring the stability of HT in the composite matrix [35]. Meanwhile, the aromatic C=C stretching peak at  $\sim 1620\text{ cm}^{-1}$  indicates the contribution of activated carbon, providing  $\pi$ – $\pi$  stacking sites for interactions with aromatic organic pollutants [36]. Collectively, these spectral signatures highlight the successful integration of both organic and inorganic functionalities within the hybrid adsorbent.

The functionalities identified in the FTIR spectra directly contribute to multiple adsorption mechanisms that enhance wastewater treatment performance. Carbonate and M–O groups promote ion

exchange, improving the removal of ionic species such as heavy metals and anions [34], while hydroxyl groups associated with the metal hydroxide phase facilitate hydrogen bonding with polar contaminants [37]. Additionally, the intrinsic charge of HT layers supports electrostatic interactions with negatively charged pollutants, further enhancing anion capture [35]. At the same time, the aromatic domains from activated carbon enable  $\pi$ – $\pi$  stacking with organic micropollutants, significantly improving adsorption affinity for aromatic and unsaturated compounds [36].

XRD analysis of biomass-derived activated carbon typically shows a broad amorphous peak at  $2\theta \approx 23^\circ$  (Figure 2), confirming its disordered carbon structure and low crystallinity. Unlike sharp peaks that indicate graphitic order, this broad feature reflects structural disorder formed during biomass carbonization [38–40]. Such amorphous characteristics are advantageous for wastewater treatment, as they enhance surface area, functional group accessibility, and reactivity, thereby improving adsorption performance. The disordered framework facilitates diverse mechanisms, including hydrogen bonding, electrostatic interactions, and ion exchange with polar contaminants and ionic toxins [41,42].



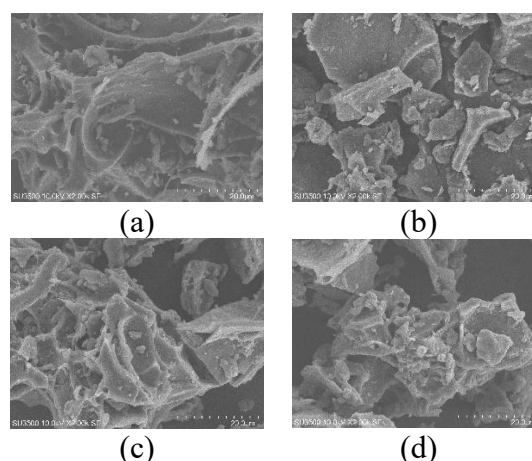
**Figure 2.** XRD patterns of (a) AC, (b) ACHT 11, (c) ACHT 12, (d) ACHT 21, and (e) HT.

XRD analysis is essential for confirming the structural integrity of HT and assessing the impact of varying AC to HT ratios in hybrid composites. Characteristic HT peaks typically appear at  $2\theta \approx 11.6^\circ$ ,  $23.3^\circ$ ,  $34.7^\circ$ ,  $39.3^\circ$ ,  $46.8^\circ$ , and  $60.8^\circ$ , consistent with JCPDS No. 54-1030, reflecting the ordered layered double hydroxide (LDH) structure and confirming the stable arrangement of  $Mg^{2+}$  and  $Al^{3+}$  ions during composite formation [35,43]. Increasing the proportion of activated carbon generally reduces the intensity and sharpness of these peaks, indicating dilution of the HT phase, reduced crystallinity, and partial introduction of amorphous features from carbon [44,45]. Such structural changes influence ion exchange capacity, as lower crystallinity reduces available interlayer sites, though a balanced AC:HT ratio can optimize both ion exchange from HT layers and high surface area contributions from carbon, enhancing adsorption performance [46,47].

SEM provides valuable insights into the morphology, porosity, and structural characteristics of biomass-derived AC and its composites with HT. As shown in Figure 3.a, the AC sample exhibits a porous, rough, and layered morphology with numerous cavities, confirming its high surface area and suitability for adsorption applications [45]. In the composites, ACHT 11 (Figure 3.b) and ACHT 12 (Figure 3.c) display partial surface coverage by aggregated HT platelets, indicating successful deposition of HT onto the carbon matrix [36], with ACHT 12 showing a denser HT phase compared to ACHT 11. By contrast, ACHT 21 (Figure 3.d) reveals weaker HT features and a more dominant carbon morphology, consistent with a higher AC:HT ratio.

These observations highlight that varying HT content alters surface coverage and structural balance, as higher HT loadings improve ion exchange potential but may reduce exposed

carbon surface area [48], while higher AC content enhances porosity but decreases crystallinity of the HT phase [49]. SEM analysis confirms that the hybrid composites retain the dual functionalities of AC and HT, with morphology tuned by the AC:HT ratio to optimize adsorption and ion-exchange properties for wastewater treatment applications [50].



**Figure 3.** SEM micrographs of (a) AC, (b) ACHT 11, (c) ACHT 12, and (d) ACHT 21 at 2000 $\times$  magnification.

The EDX results (Table 1) supported these morphological observations. The AC sample was primarily composed of carbon (78.51%) and oxygen (18.47%), with a trace of chlorine (3.02%), likely residual from the activation process [51]. ACHT 11 exhibited high contents of Mg (27.90%) and Al (16.18%), with carbon content decreasing to 4.94%, indicating extensive HT presence [52]. In contrast, ACHT 12 and ACHT 21 had higher carbon content ( $\sim 55\%$ ) but still retained detectable amounts of Mg and Al, suggesting that HT was incorporated but in lower proportions [53]. The appearance of Na (1.86%) in ACHT 12 likely originated from residual NaOH used during HT synthesis [54].

**Table 1.** Elemental composition (wt%) of AC and ACHT composites obtained from EDX analysis.

Sample	C (%)	O (%)	Mg (%)	Al (%)	Na (%)	Cl (%)
AC	78.51	18.47	-	-	-	3.02
ACHT 11	4.94	50.98	27.90	16.18	-	-
ACHT 12	55.66	35.71	4.34	2.44	1.86	-
ACHT 21	54.82	34.57	7.72	2.90	-	-

SEM–EDX results confirmed the successful hybridization of the organic–inorganic phases and highlighted that the AC:HT ratio significantly affects surface coverage and elemental distribution. These hybrid materials combine the high surface area of activated carbon with the ion exchange and electrostatic properties of HT, offering synergistic performance for the adsorption of both organic and ionic contaminants in water. Activated carbon plays a crucial role in adsorption due to its well-developed pore structure, characterized by a large specific surface area, pore volume, and pore-size distribution. However, surface modification can alter these characteristics and significantly affect adsorption performance. Consistent with the data in Table 2, the modification of AC to ACHT resulted in a decrease in the specific surface area from 46.626 m<sup>2</sup>/g to 12.029–18.728 m<sup>2</sup>/g. This indicates that some of the micropores are closed or filled by the modified phase [55].

On the other hand, the pore volume of ACHT increased from 0.009 cc/g in AC to 0.018–0.020 cc/g, accompanied by an increase in the pore radius from 26.415 Å to 26.881–27.112 Å, indicating a pore restructuring from predominantly micropores to predominantly mesopores. This phenomenon is caused by surface modifications that do not always result in an increase in the specific surface area, but can also enlarge the pore size and volume due to the restructuring of the carbon framework or the deposition of new phases on the pore surface [56]. These changes in pore characteristics have implications for the adsorption mechanism. Although the surface area of ACHT is lower, the increase in pore volume and size can increase the diffusivity and accessibility of medium to large molecular weight adsorbates into the pore structure, so that adsorption performance is not solely determined by the specific surface area, but also by the distribution and effective pore volume [55,56].

**Table 2.** Surface area and pore distribution of AC and ACHT.

Sample	Surface Area (m <sup>2</sup> /g)	Pore Volume (cc/g)	Pore radius (Å)
AC	46.626	0.009	26.415
ACHT 11	12.529	0.018	27.017
ACHT 12	12.029	0.019	27.112
ACHT 21	18.728	0.02	26.881

### 3.2. Effect of Contact Time and Adsorption Kinetics

The adsorption performance of the synthesized materials was first evaluated by examining the effect of contact time on caffeine removal (Figure 4). All adsorbents demonstrated a rapid increase in adsorption percentage within the first 10 minutes, followed by a slower rate until equilibrium was reached at approximately 50 minutes

[57,58]. This kinetic behavior reflects the initial abundance of active sites that gradually became saturated over time. Among the tested materials, AC exhibited the highest adsorption capacity, reaching about 55% at equilibrium [59], which can be attributed to its microporous and mesoporous structure that facilitates caffeine diffusion and provides a large surface area for adsorption [57]. In comparison, the

composite materials (ACHT 11, ACHT 12, and ACHT 21) showed slightly lower but still competitive adsorption performance, indicating that hydrotalcite modification alters surface properties and pore structures while maintaining effective adsorption [60,61].

To further elucidate the adsorption mechanism, kinetic modelling was conducted

using the pseudo-first order model (Santosa–Muzakky) for AC and the pseudo-second order model (Ho–McKay) for the composites. The best-fitting model was determined based on the highest coefficient of determination ( $R^2$ ), and the resulting parameters are presented in Table 3.

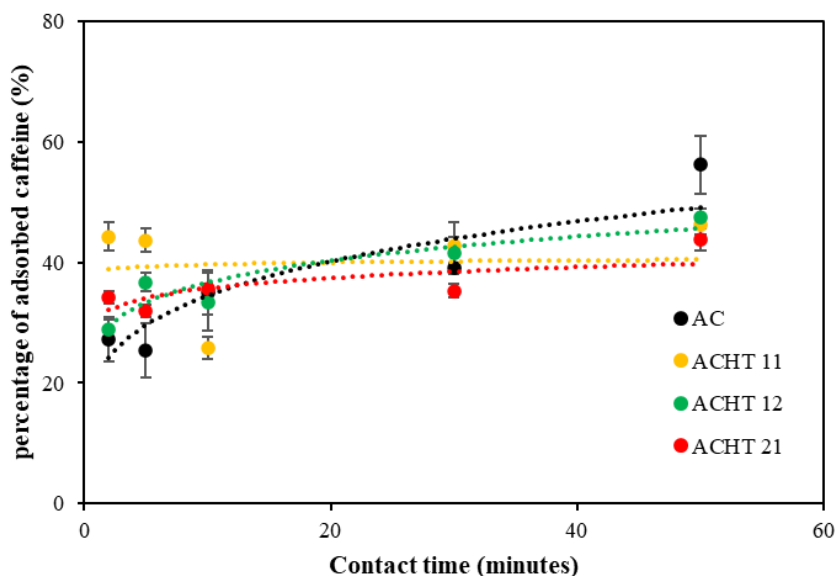


Figure 4. Effect of contact time on caffeine adsorption percentage by various adsorbents.

Table 3. Adsorption Kinetics Parameters.

Adsorbent	Kinetic Model	$R^2$	$q_e$ (mg/g)	$K$ (g/mg.min)	Adsorption Mechanism Interpretation
AC	Santosa-Muzakky (pseudo 1 <sup>st</sup> )	0.9664	-	0.0045	Film diffusion and surface-level physical interactions
ACHT 11	Ho-McKay (pseudo 2 <sup>nd</sup> )	0.9725	0.9560	3.2796	Chemisorption with moderate capacity and rate
ACHT 12	Ho-McKay (pseudo 2 <sup>nd</sup> )	0.9912	0.9731	2.9980	Highest adsorption capacity among composites
ACHT 21	Ho-McKay (pseudo 2 <sup>nd</sup> )	0.9812	0.8660	3.3050	Fastest adsorption rate with moderate capacity

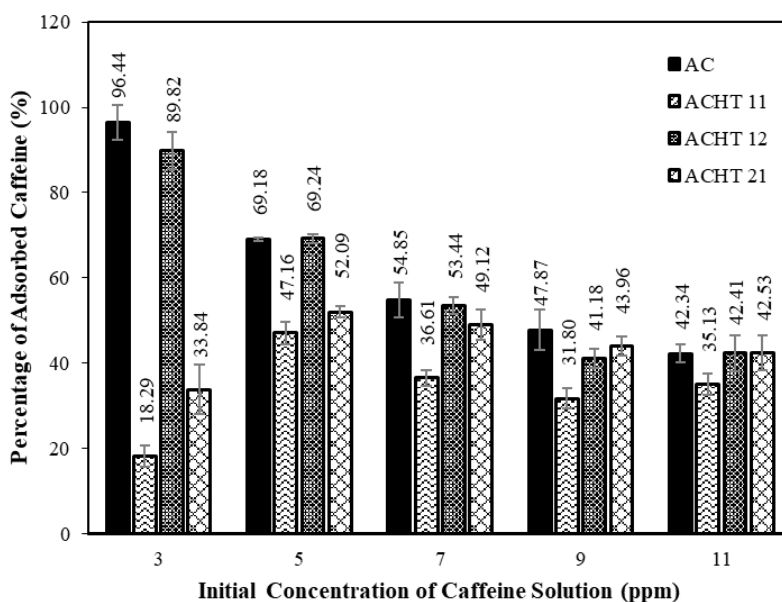
### 3.3. Adsorption Isotherm Models

The effect of initial caffeine concentration on adsorption efficiency was investigated over the range of 3 to 11 ppm using four types of adsorbents (AC, ACHT 11, ACHT 12, and ACHT 21). All materials showed a decreasing trend in adsorption percentage as the initial concentration increased (Figure 5). For example, AC exhibited the highest adsorption efficiency of 96.44% at 3 ppm, which declined to 42.34% at 11 ppm. A similar pattern was observed for ACHT 12

(from 89.82% to 42.53%), ACHT 21 (from 33.84% to 42.41%), and ACHT 11 (from 18.29% to 51.34%). The decline in caffeine adsorption percentage at higher concentrations is primarily attributed to the saturation of active sites on the adsorbent surface. At low concentrations, a high ratio of available sites to solute molecules promotes efficient adsorption. However, as solute concentration increases, active sites become increasingly occupied, reducing adsorption efficiency, even though the total mass

adsorbed may continue to rise [62,63]. This saturation phenomenon is well documented across various systems, including dye and methane adsorption, where site saturation diminishes per site effectiveness [64–66].

Additionally, increasing adsorbent dosage may initially improve surface availability, but eventually leads to reduced capacity due to site crowding [62].



**Figure 5.** Effect of initial caffeine concentration on the percentage of caffeine adsorbed by various adsorbent at 50 minutes contact time.

To further understand the adsorption mechanism, equilibrium data were analyzed using the Langmuir and the Freundlich isotherm models, with the calculated parameters presented in Table 4. The coefficient of determination ( $R^2$ ) served as the goodness-of-fit indicator, and the caffeine adsorption onto AC and ACHT 12 showed the best fit with the Langmuir model, yielding  $R^2$  values of 0.9861 and 0.9609, respectively. This strong correlation suggests monolayer adsorption on a homogeneous surface with uniform adsorption energy. The applicability of the Langmuir model for caffeine adsorption onto activated carbon-based materials has also been reported in prior studies, where high  $R^2$  values similarly indicated the presence of energetically uniform adsorption sites and the absence of significant adsorbate-adsorbate interactions [67,68]. While several supporting studies focus on other adsorbates such as dyes or heavy metals [69,70], they reinforce the broader reliability of the Langmuir model in

predicting monolayer adsorption. However, direct validation using caffeine-specific systems remains essential to avoid misinterpretation and ensure model relevance [69,70].

In contrast, caffeine adsorption onto ACHT 11 and ACHT 21 was better described by the Freundlich model, with  $R^2$  values of 0.5797 and 0.7758, respectively. It indicates adsorption on a heterogeneous surface and potentially multilayer formation. The Freundlich constant  $n$  values for all adsorbents exceeded 1, indicating favorable adsorption conditions [71].

Based on the Langmuir model analysis, the maximum adsorption capacity ( $q_{max}$ ) was determined to be 0.9652 mg/g for AC and 0.8991 mg/g for ACHT 12, both of which are significantly higher than those of the other synthesized composites. The highest Freundlich constants ( $K_F$ ) were also recorded for AC (0.7171) and ACHT 21 (0.6403), corroborating the results shown in Figure 5. These adsorption capacity values can be

categorized as relatively low compared to those of nanoporous carbons or chemically activated adsorbents reported in recent literature, which generally exhibit adsorption capacities ranging from 1.5 to 4 mg/g due to their high specific surface areas and well-developed microporous structures [72]. Nevertheless, the  $q_{max}$  values obtained in this study remain comparable to several biomass-derived carbons prepared through mild chemical activation, particularly considering variations in activation methods and the nature of the biomass precursor used.

Several studies have demonstrated that certain biomass-derived materials can indeed process adsorption capacities below 0.9 mg/g. For instance, sunflower husk biochar and goethite exhibited adsorption capacities of 0.64 mg/g and 0.52 mg/g, respectively, for specific contaminants such as carboxin and diuron [73]. Similarly, vinegar-residue biochar exhibited a maximum adsorption capacity of only 2.91 mg/g toward cadmium ions [74], underscoring the significant variability in the performance of biomass-derived materials, which depends on their specific application context. Conversely, modification or further activation processes can substantially enhance performance. For example, biochar from Fenton sludge achieved phosphorus adsorption capacities up to 68.49 mg/g [75]. In this context, the

material developed in this study, which underwent chemical activation (with  $\text{HNO}_3$ ), displayed moderate  $q_{max}$  values likely due to partial pore blockage by HT particles and the predominance of mesoporous rather than microporous structures, which limited caffeine accessibility to the active sites.

On the other hand, numerous reports have documented significantly higher adsorption capacities for strongly activated biomass carbons and nanoporous carbon derivatives. Adsorption capacities exceeding 200 mg/g for various organic pollutants and heavy metals have been reported for biomass-derived activated carbons [76]. Adsorption capacities of 214–217 mg/g for diclofenac and 260–275 mg/g for paroxetine have also been observed in studies of activated carbon from argan shells [77]. Furthermore, biomass-derived carbons with high ion-storage capacities, ranging from 192 to 618 mAh/g, have been documented in recent work [78], indicating exceptional surface area and ion-interaction potential. Therefore, although the  $q_{max}$  values obtained here are moderate, the ACHT composite system offers a balanced compromise between adsorption efficiency, structural stability, and environmental sustainability, making it a promising and practical candidate for decentralized wastewater treatment applications.

**Table 4.** Langmuir and Freundlich isotherm model parameters for caffeine adsorption onto different adsorbent materials.

Adsorbate	Model	$R^2$	$q_{max}$ (mg/g)	$K_L$ (L/mg)	$b$ (L/mg)	$n$
AC	Langmuir	0.9861	0.9652	2.4152	-	-
	Freundlich	0.8959	-	-	0.7171	8.9365
ACHT 11	Langmuir	0.1164	negative	negative	-	-
	Freundlich	0.5797	-	-	0.0802	0.8672
ACHT 12	Langmuir	0.9609	0.8991	2.2542	-	-
	Freundlich	0.8623	-	-	0.6403	6.7431
ACHT 21	Langmuir	0.0288	negative	negative	-	-
	Freundlich	0.7758	-	-	0.1488	0.9433

### 3.4. Thermodynamic Study of Caffeine Adsorption

Thermodynamic parameters were calculated to evaluate the spontaneity and energetic nature of the interactions between caffeine molecules and the adsorbent surface. The

standard Gibbs free energy change ( $\Delta G^\circ$ ) was derived from the equilibrium constant obtained from the Langmuir model ( $K_L$ ), which was converted to a dimensionless form ( $K^\circ$ ) based on the molar mass of caffeine ( $194.19 \text{ g}\cdot\text{mol}^{-1}$ ), using Equation 1 [79]:

$$\Delta G^\circ = -RT \ln K^\circ \quad (1)$$

Where:  $R = 8.314 \text{ J}\cdot\text{mol}^{-1}\cdot\text{K}^{-1}$

$T = 298 \text{ K}$

The equilibrium constant  $K^\circ$  was determined by converting  $K_L$  ( $\text{L}\cdot\text{mg}^{-1}$ ) to  $\text{L}\cdot\text{mol}^{-1}$  and normalizing it to a standard concentration of  $1 \text{ mol}\cdot\text{L}^{-1}$ . This approach was selected because the calculation of  $\Delta G^\circ$  does not require temperature variation, unlike  $\Delta H^\circ$  and  $\Delta S^\circ$ , which must be obtained from multi-temperature isotherms to produce reliable data through the van't Hoff plot. Since this study was conducted at a single temperature (298 K),  $\Delta H^\circ$  and  $\Delta S^\circ$  were not calculated.

The calculated  $\Delta G^\circ$  values for AC and ACHT 12 were  $-6.25 \text{ kJ}\cdot\text{mol}^{-1}$  and  $-6.07 \text{ kJ}\cdot\text{mol}^{-1}$ , respectively. These negative values indicate that the adsorption process is spontaneous and primarily governed by physisorption, driven by weak van der Waals forces and  $\pi$ - $\pi$  stacking interactions between the aromatic rings of caffeine and the oxidized carbon surface. The obtained  $\Delta G^\circ$  values are consistent with those previously reported for biomass-derived carbon and HT composites, typically ranging between  $-4$  and  $-7 \text{ kJ}\cdot\text{mol}^{-1}$  [80,81]. In contrast, negative  $K_L$  values obtained for ACHT 11 and ACHT 21 suggest a physically invalid Langmuir regression, likely due to excessive surface heterogeneity or dominance of the hydrotalcite phase, which reduced the affinity for caffeine molecules. Therefore,  $\Delta G^\circ$  was only calculated for samples that showed a valid isotherm fit (AC and ACHT 12).

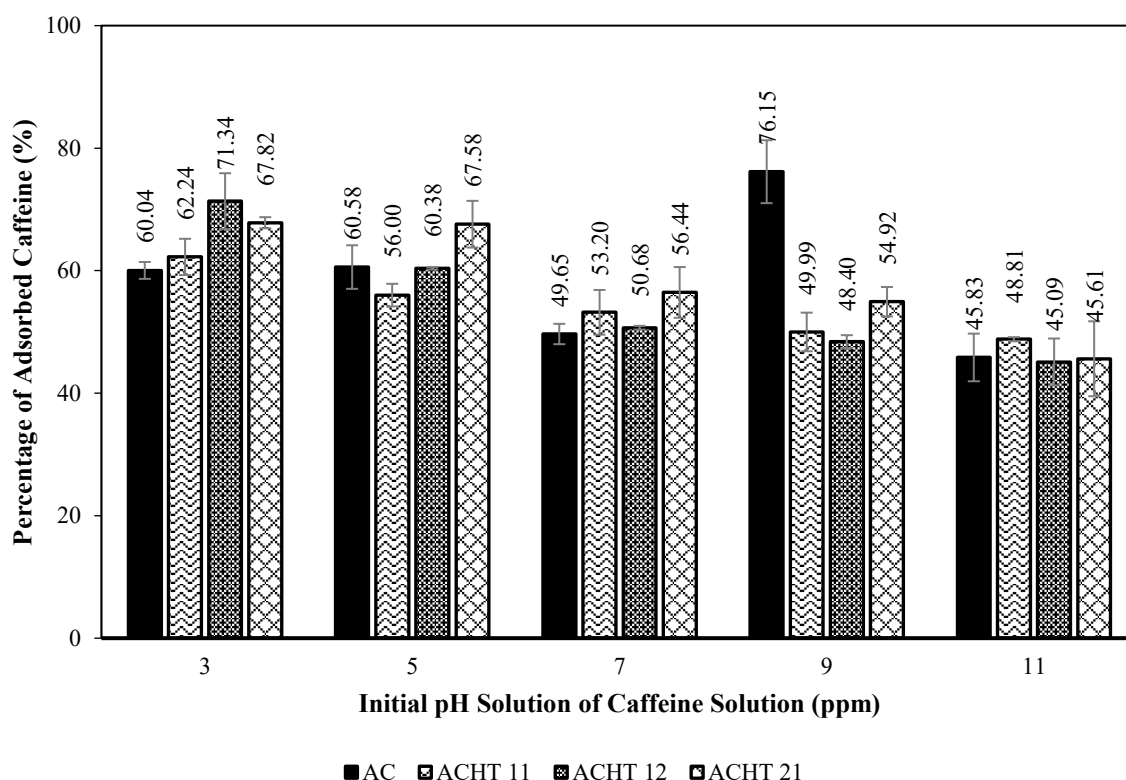
Based on thermodynamic evaluation, the ACHT 12 composite exhibited the most favorable performance compared with pure AC and other composites. Although both materials showed similar  $\Delta G^\circ$  values, ACHT 12 demonstrated higher structural stability, better isotherm correlation ( $R^2 > 0.96$ ), and greater regeneration potential. The presence of the hydrotalcite layer in ACHT 12 contributes to surface charge balancing, preventing carbon particle agglomeration and maintaining adsorption efficiency over a broader pH range. In contrast, pure AC tends

to exhibit decreased adsorption capacity after several regeneration cycles due to its tightly microporous structure. Therefore, from a thermodynamic and material stability perspective, ACHT 12 can be considered the most promising composite for sustainable caffeine removal, as it effectively balances spontaneity, energy efficiency, and regeneration capability.

### 3.5. Effect of pH on Caffeine Adsorption

The pH of the solution plays a crucial role in determining adsorption efficiency, as it influences both the surface charge of the adsorbent and the ionization state of the caffeine molecules. The percentage of caffeine adsorbed onto AC, ACHT 11, ACHT 12, and ACHT 21 was evaluated at initial pH values of 3, 5, 7, 9, and 11 (Figure 6). In general, adsorption performance exhibited a strong dependence on pH. AC achieved the highest adsorption efficiency at pH 9, with 76.15%. At the same time, the hydrotalcite-based composites demonstrated optimal performance in acidic conditions, with adsorption percentages of 62.24% for ACHT 11, 71.34% for ACHT 12, and 67.82% for ACHT 21.

This difference in behavior can be attributed to variations in surface charge distribution and zeta potential among the materials. For activated carbon, the point of zero charge ( $pH_{pzc}$ ) typically lies between 6 and 8. At pH values above this range, the deprotonation of surface functional groups, such as hydroxyl and carboxyl groups, results in a negatively charged surface. Because caffeine remains neutral primarily throughout the tested pH range ( $pKa$  approximately 14), electrostatic repulsion between the adsorbent and adsorbate is minimal. Under these conditions,  $\pi$ - $\pi$  stacking and hydrogen bonding predominate, leading to enhanced caffeine adsorption on the hydrophobic surface of AC. This observation explains the improved adsorption efficiency under alkaline conditions, where surface deprotonation and pore accessibility facilitate caffeine diffusion [82–84].



**Figure 6.** Effect of initial pH on the percentage of caffeine adsorbed by various adsorbents.

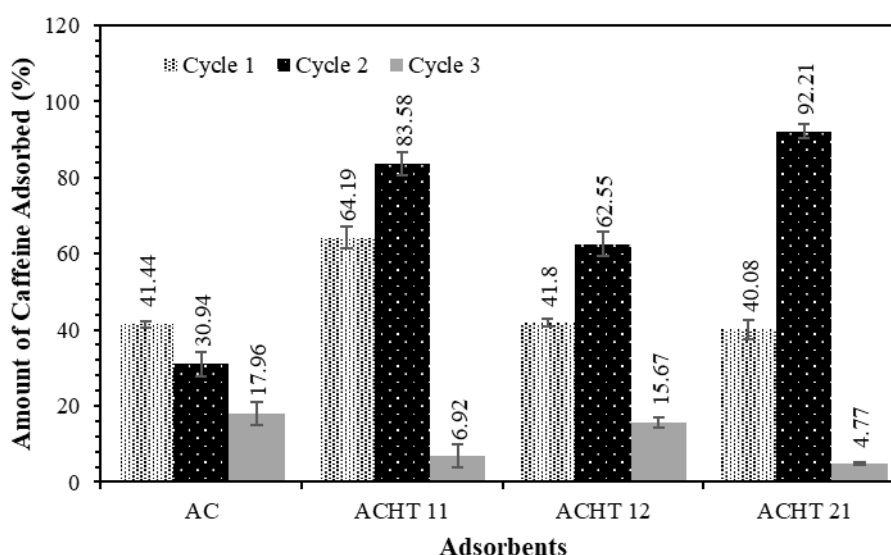
In contrast, ACHT 11, ACHT 12, and ACHT 21 exhibit behavior typical of positively charged HT, with  $pH_{pzc}$  values usually ranging from 8 to 9. At acidic pH, the HT material surface is highly protonated, which enhances electrostatic attraction and hydrogen bonding with neutral caffeine molecules. As pH increases, the zeta potential gradually decreases and eventually becomes negative once it surpasses the  $pH_{pzc}$ , thereby weakening electrostatic interactions and allowing hydroxide ions to compete with caffeine molecules for active sites. Under fundamental conditions (pH 9 or higher), partial dissolution and structural degradation of the HT layers may occur, reducing the number of available adsorption sites. This phenomenon is consistent with recent studies on ACHT composites, which report that greater adsorption efficiency at lower pH values is attributed to dominant electrostatic and ion-exchange mechanisms [85,86].

### 3.6. Adsorbent Regeneration and Reusability

The caffeine adsorption performance was clearly different between AC and all ACHT samples, and this difference was affected by the number of use cycles (Figure 7). In the first cycle, ACHT 11 and ACHT 12 showed higher percentages of adsorbed caffeine (64.19% and 41.80%) than AC (41.44%), while ACHT 21 showed a value comparable to AC (40.08%). This indicates that surface modification can increase the initial affinity for caffeine. The improvement in adsorption performance was more pronounced in the second cycle, where ACHT 21 showed the highest value of 92.21%, followed by ACHT 11 (83.58%) and ACHT 12 (62.55%), while AC reached only 30.94%. The superior performance of ACHT (especially ACHT 21) can be attributed to its more open pore structure and larger pore volume, as shown in Table 2, which supports higher diffusivity and more effective utilization of internal adsorption sites. However, in the third cycle, all materials experienced a significant decrease in adsorption capacity, with the

lowest values in ACHT 21 (4.77%) and ACHT 11 (6.92%), indicating saturation of active sites and limited adsorbent regeneration. Nevertheless, ACHT 12 still showed a relatively higher adsorption (15.67%) than other samples, indicating better adsorption stability upon repeated use. These data confirm that converting AC to

ACHT can improve the adsorption performance of caffeine, especially during the initial cycle. The combination of pore volume and mesoporous structure plays a more dominant role than the specific surface area alone in determining the adsorption efficiency of caffeine.



**Figure 7.** Effect of adsorption–desorption cycles on caffeine removal efficiency of AC, ACHT 11, ACHT 12, and ACHT 21 adsorbents.

### 3.7. Environmental Implications and Applicability

The utilization of jengkol peel husk biomass as a precursor for adsorbent materials presents an environmentally friendly and sustainable approach to tackling organic contaminants such as caffeine. Jengkol peel, an agricultural waste commonly discarded and contributing to organic pollution, can be transformed into high-value functional materials through activation and intercalation with HT structures. From an environmental perspective, this strategy aligns with the principles of integrated waste management, particularly by transforming waste into resources. The activation and HT composite synthesis processes employed are relatively low in energy demand and use relatively benign chemicals, minimizing residual waste and emissions. Moreover, the valorization of local biomass supports circular economy principles and contributes to Sustainable Development Goal (SDG) 6.3.

In terms of applicability, the developed adsorbent materials demonstrated considerable caffeine removal efficiency, especially at lower pH values and initial concentrations, conditions that are reflective of real pharmaceutical wastewater. Notably, the ACHT 12 and ACHT 21 composites exhibited both favorable adsorption capacities and structural stability, making them promising candidates for scalable and sustainable applications.

Furthermore, HT-based adsorbents are known for their regenerability and reusability, enabling multiple adsorption-desorption cycles, which significantly reduces material replacement frequency and operational costs. Nevertheless, further studies are warranted to assess their performance in more complex wastewater matrices, interference from competing solutes, and efficiency under continuous flow systems or pilot-scale column reactors.

#### 4. CONCLUSION

This study demonstrated that activated carbon derived from jengkol peel (AC) and its composites with HT (ACHT 11, ACHT 12, and ACHT 21) are effective in adsorbing caffeine from aqueous solutions. AC exhibited the highest efficiency at low concentrations (up to 96.44% at 3 ppm), while the ACHT 12 composite showed competitive adsorption capacity and greater stability at moderate concentrations, with a strong fit to the Langmuir isotherm model ( $R^2 = 0.9609$ ) and pseudo-second-order kinetics ( $R^2 = 0.9912$ ). The ACHT 21 composite tended to follow the Freundlich model ( $R^2 = 0.7758$ ), suggesting a more heterogeneous surface. Moreover, the composite adsorbents performed well under acidic pH conditions (pH 3–5), which are relevant to pharmaceutical wastewater profiles. These findings suggest that combining AC with HT, particularly at a 1:2 ratio, can enhance adsorbent–adsorbate interactions and offer a sustainable pathway for utilizing local biomass waste as eco-friendly materials for water purification.

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